

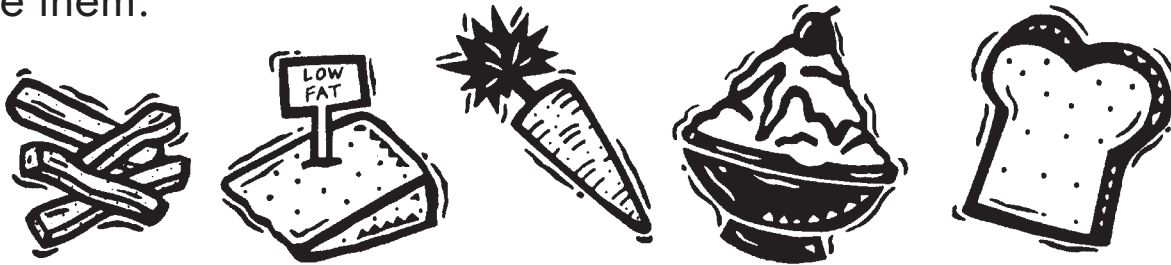
NAME _____

Making Healthful Choices

Choose three foods that would make the **most** healthful breakfast.
Circle them.



Choose three foods that would make the **most** healthful lunch.
Circle them.



Choose three foods that would make the **most** healthful snack.
Circle them.



Choose three foods that would make the **most** healthful dinner.
Circle them.

